

Nutrition Facts

1 servings per container
Serving size

Calories
per serving **430**

Amount/serving	% Daily Value*
Total Fat 22g	28%
Saturated Fat 6g	30%
<i>Trans</i> Fat 0g	
Cholesterol 55mg	18%
Sodium 620mg	27%
Vitamin D 0.16mcg	0%
Potassium 282mg	6%

Amount/serving	% Daily Value*
Total Carbohydrate 40g	15%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 30g	60%
Calcium 104mg	8%
Iron 2.16mg	10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.