

Nutrition Facts

1 servings per container

Serving size

Amount Per Serving

Calories

420

% Daily Value*

Total Fat 10g **13%**

Saturated Fat 3.2g **16%**

Trans Fat 0g

Cholesterol 55mg **18%**

Sodium 920mg **40%**

Total Carbohydrate 52g **19%**

Dietary Fiber 3g **11%**

Total Sugars 3g

Includes 0g Added Sugars **0%**

Protein 28g **56%**

Not a significant source of vitamin D, calcium, iron, and potassium

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.