

Nutrition Facts

1 servings per container
Serving size

Calories
per serving **260**

Amount/serving	% Daily Value*
Total Fat 17g	22%
Saturated Fat 7g	35%
<i>Trans</i> Fat 0.5g	
Cholesterol 250mg	83%
Sodium 420mg	18%
Vitamin D 0.4mcg	2%
Potassium 47mg	0%

Amount/serving	% Daily Value*
Total Carbohydrate 11g	4%
Dietary Fiber 1g	4%
Total Sugars < 1g	
Includes 0g Added Sugars	0%
Protein 14g	28%
Calcium 26mg	2%
Iron 0.72mg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.