

# Nutrition Facts

1 servings per container  
Serving size

Calories  
per serving **270**

Amount/serving	% Daily Value*
<b>Total Fat</b> 16g	<b>21%</b>
Saturated Fat 3g	<b>15%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 40mg	<b>13%</b>
<b>Sodium</b> 310mg	<b>13%</b>
Vitamin D 0.5mcg	2%
Potassium 175mg	4%

Amount/serving	% Daily Value*
<b>Total Carbohydrate</b> 22g	<b>8%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 3g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 12g	<b>24%</b>
Calcium 71mg	6%
Iron 2.3mg	15%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.