

# Nutrition Facts

1 servings per container

**Serving size**

**Amount Per Serving**

**Calories**

**240**

**% Daily Value\***

<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 0.9g	<b>5%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 10mg	<b>3%</b>
<b>Sodium</b> 130mg	<b>6%</b>
<b>Total Carbohydrate</b> 31g	<b>11%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 23g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 8g	<b>16%</b>

Not a significant source of vitamin D, calcium, iron, and potassium

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.