

Nutrition Facts

1 servings per container
Serving size

Calories per serving **200**

| Amount/serving | % Daily Value* |
|--------------------------|----------------|
| Total Fat 4.5g | 6% |
| Saturated Fat 1g | 5% |
| <i>Trans</i> Fat 0g | |
| Cholesterol < 5mg | 1% |
| Sodium 230mg | 10% |
| <hr/> | |
| Vitamin D 0.2mcg | 0% |
| Potassium 94mg | 2% |

| Amount/serving | % Daily Value* |
|-------------------------------|----------------|
| Total Carbohydrate 35g | 13% |
| Dietary Fiber 3g | 11% |
| Total Sugars 23g | |
| Includes 0g Added Sugars | 0% |
| Protein 1g | 2% |
| <hr/> | |
| Calcium 0mg | 0% |
| Iron 0.72mg | 4% |

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.