

Nutrition Facts

1 servings per container
Serving size

Calories
per serving **400**

Amount/serving	% Daily Value*
Total Fat 20g	26%
Saturated Fat 6g	30%
<i>Trans</i> Fat 0g	
Cholesterol 50mg	17%
Sodium 590mg	26%
Vitamin D 0.1mcg	0%
Potassium 517mg	10%

Amount/serving	% Daily Value*
Total Carbohydrate 29g	11%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 25g	50%
Calcium 156mg	10%
Iron 3.06mg	15%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.