

# Nutrition Facts

1 servings per container

**Serving size**

**Amount Per Serving**

**Calories**

**260**

**% Daily Value\***

<b>Total Fat</b> 4.5g	<b>6%</b>
Saturated Fat 0.6g	<b>3%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 65mg	<b>22%</b>
<b>Sodium</b> 840mg	<b>37%</b>
<b>Total Carbohydrate</b> 25g	<b>9%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 11g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 27g	<b>54%</b>

Not a significant source of vitamin D, calcium, iron, and potassium

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.