

Nutrition Facts

1 servings per container
Serving size

Calories
per serving **210**

Amount/serving	% Daily Value*
Total Fat 8g	10%
Saturated Fat 2g	10%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	9%
Vitamin D 0.1mcg	0%
Potassium 752mg	15%

Amount/serving	% Daily Value*
Total Carbohydrate 29g	11%
Dietary Fiber 2g	7%
Total Sugars 18g	
Includes 0g Added Sugars	0%
Protein 3g	6%
Calcium 0mg	0%
Iron 1.26mg	8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.