

Nutrition Facts

1 servings per container

Serving size

Amount Per Serving

Calories

220

% Daily Value*

Total Fat 1.5g **2%**

Saturated Fat 0.7g **4%**

Trans Fat 0g

Cholesterol 5mg **2%**

Sodium 120mg **5%**

Total Carbohydrate 44g **16%**

Dietary Fiber 0g **0%**

Total Sugars 16g

Includes 7g Added Sugars **14%**

Protein 8g **16%**

Not a significant source of vitamin D, calcium, iron, and potassium

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.