

Nutrition Facts

1 servings per container
Serving size

Calories
per serving **360**

Amount/serving	% Daily Value*
Total Fat 17g	22%
Saturated Fat 7g	35%
<i>Trans</i> Fat 0g	
Cholesterol 50mg	17%
Sodium 420mg	18%
Vitamin D 0.6mcg	4%
Potassium 564mg	10%

Amount/serving	% Daily Value*
Total Carbohydrate 38g	14%
Dietary Fiber 5g	18%
Total Sugars 6g	
Includes 0g Added Sugars	0%
Protein 18g	36%
Calcium 325mg	25%
Iron 3.06mg	15%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.