

# Nutrition Facts

1 servings per container  
Serving size

Calories  
per serving **310**

Amount/serving	% Daily Value*
<b>Total Fat</b> 17g	<b>22%</b>
Saturated Fat 6g	<b>30%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 25mg	<b>8%</b>
<b>Sodium</b> 330mg	<b>14%</b>
Vitamin D 0mcg	0%
Potassium 282mg	6%

Amount/serving	% Daily Value*
<b>Total Carbohydrate</b> 16g	<b>6%</b>
Dietary Fiber 4g	<b>14%</b>
Total Sugars 4g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 11g	<b>22%</b>
Calcium 104mg	8%
Iron 1.8mg	10%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.