

Nutrition Facts

1 servings per container
Serving size

Calories
per serving **320**

Amount/serving	% Daily Value*
Total Fat 22g	28%
Saturated Fat 8g	40%
<i>Trans</i> Fat 0g	
Cholesterol 50mg	17%
Sodium 360mg	16%
Vitamin D 0.4mcg	2%
Potassium 376mg	8%

Amount/serving	% Daily Value*
Total Carbohydrate 19g	7%
Dietary Fiber 4g	14%
Total Sugars 6g	
Includes 0g Added Sugars	0%
Protein 11g	22%
Calcium 260mg	20%
Iron 1.44mg	8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.