

Nutrition Facts

1 servings per container

Serving size

Amount Per Serving

Calories

260

% Daily Value*

Total Fat 12g **15%**

Saturated Fat 3g **15%**

Trans Fat 0g

Cholesterol 20mg **7%**

Sodium 420mg **18%**

Total Carbohydrate 27g **10%**

Dietary Fiber 3g **11%**

Total Sugars 3g

Includes 0g Added Sugars **0%**

Protein 11g **22%**

Not a significant source of vitamin D, calcium, iron, and potassium

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.