

Nutrition Facts

1 servings per container
Serving size

Calories
per serving **280**

Amount/serving	% Daily Value*
Total Fat 17g	22%
Saturated Fat 7g	35%
<i>Trans</i> Fat 0g	
Cholesterol 45mg	15%
Sodium 420mg	18%
Vitamin D 0mcg	0%
Potassium 520mg	10%

Amount/serving	% Daily Value*
Total Carbohydrate 26g	9%
Dietary Fiber 3g	11%
Total Sugars 6g	
Includes 0g Added Sugars	0%
Protein 18g	36%
Calcium 189mg	15%
Iron 2.3mg	15%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.